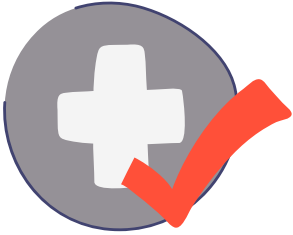


PHYSIOTHERAPY (PT) SERVICES IN SCHOOLS

School-based physiotherapists (PTs) are movement experts who have the skills to be integral members of school teams that promote participation in educational activities including access to the educational environment, prevention of impairments, and promotion of the health and well-being of students.



SCHOOL-BASED PTs SUPPORT THE HEALTH AND WELL-BEING OF ALL SCHOOL CHILDREN

- Physical activity is vital for children's physical and mental health and well-being, and their learning
- Implementing health promotion activities can prevent obesity and chronic health conditions, and support mental health, cognitive function and academic performance

SCHOOL-BASED PTs ENABLE EARLY IDENTIFICATION AND INTERVENTION FOR CHILDREN WITH HEALTH CONDITIONS AND PHYSICAL IMPAIRMENTS

- Identify health conditions and physical impairments that affect function and access to educational settings, including playgrounds and gymnasiums
- Ensure inclusion of students in all aspects of school life (e.g. access to environment, resources)
- Support independence of students in physical care routines, school routines (e.g. training of staff in transfer training), and address equipment needs (e.g. walkers, gait trainers, mechanical lifts)



SCHOOL-BASED PTs ARE INTEGRAL MEMBERS OF GENERAL EDUCATION SCHOOL TEAMS WITH A CONSTANT PRESENCE IN SCHOOLS, TO ENSURE CHILDREN CAN ACCESS EDUCATIONAL OPPORTUNITIES

- Support school teams in decision making
- Use a variety of collaborative practices and a diversity of tiered intervention strategies as part of workload or whole school approach service delivery models
 - consultative services
 - small-group activities
 - individual direct services

ADDITIONAL RESOURCES FOR PTs:

- [The International Organisation of Physiotherapists in Paediatrics](#)
- [APTA Pediatric Physical Therapy](#)
- [Role of the School Based Physical Therapist](#)
- [APTA Pediatrics Fact Sheets](#)